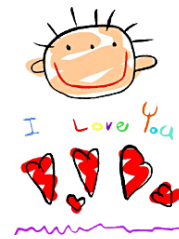


Beyond Fitness/Fit One February Youth Schedule



Schedule valid February 5th –March 5th

Time	Monday	Tuesday	Wednesday	Thursday	Friday
2:00	P.E Academy 2:00-3:00 Billy Ages 8 & up Blue Room *fee based*(SKY)		P.E Academy 2:00-3:00 Billy Ages 8 & up Blue Room *Special fee*(SKY)		
3:00	Racquetball Raucous 3:00-4:00 Staff Supervised Ages 5+ (PZ)		Racquetball Raucous 3:00-4:00 Staff Supervised Ages 5+ (PZ)		
3:15			Free Play Frenzy 3:15-4:15 Catharine All Ages Blue Room (SKY)		
4:15	Supervised Climb 4:15-5:15 Climbing Wall Ages 6 & up Must be 40 pounds (SKY)	Supervised Climb 4:15-5:15 Climbing Wall Ages 6 & up Must be 40 pounds (SKY)	Supervised Climb 4:15-5:15 Climbing Wall Ages 6 & up Must be 40 pounds (SKY)	Supervised Climb 4:15-5:15 Climbing Wall Ages 6 & up Must be 40 pounds (SKY)	
4:30		Karate 4:30-5:15 Chuck Duran *Fee Based*(PZ)		Karate 4:30-5:15 Chuck Duran *Fee Based*(PZ) Kids Hoop Play 4:30-5:15 Meg Ages 3 & up Blue Room(SKY)	
5:30	Splish/Splash 5:30-6:30 Ages 6+ Indoor Pool (PZ)	Kids Cardio 5:30-6:30 Ages 5 & up(PZ)	Splish/Splash 5:30-6:30 Ages 6+ Indoor Pool (PZ)	Kids Cardio 5:30-6:30 Ages 5 & up(PZ)	
6:00	Homework Club 5:30-7:00 Ages 6-13 Lobby(SKY)	Homework Club 5:30-7:00 Ages 6-13 Lobby(SKY)	Homework Club 5:30-7:00 Ages 6-13 Lobby(SKY)	Homework Club 5:30-7:00 Ages 6-13 Lobby(SKY)	

Schedule is subject to change (SKY) (530) 877-7500 or (PZ) (530) 872-2582 KEY: (SKY) Skyway (PZ) Pentz

Skyway Childcare Hours:

M-Th 8am-8pm
Fri. 8am-6pm
Sat. 8am-3pm

Pentz Childcare Hours:

M-Th 8am-8pm
Fri. 8am-7pm
Sat. 8:30-12:30pm