



OCTOBER SPECIAL EVENTS



- 10/7+8** Johnny Apple Seed Days
Sat 10-5/Sun 10-4 Terry Ash Park
- 10/14** Food Trucks
11-3pm @ Paradise Recreational Park
- 10/15** Long Practice
With Jon 10-1pm Skyway (Fee Based)
- 10/16-22** Member Appreciation Week @ BF
Skyway & Pentz
- 10/18** FRH Wellness Center Grand Opening
5:30pm @ 7224 Skyway
- 10/26** Dinner with the Doctor FRH
Dr. Emerald Caruso, OB/GYN 780 Luther Dr, 6:30pm
- 10/27** Kids Night Out
4-8 @ Skyway